

Stillman Middle School
2977 W. Tandy Road
8th Grade Health

Teacher: O. Bolivar
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Objectives:

The students will be able to develop an understanding of:

- ... Personal health practices
- ... Growth and development
-Nutrition
- ... Building self-discipline, responsibility, and self-confidence.
- ... Communicating effectively and cooperating with others
- ... Managing attitudes and emotions
- ... Strengthening positive relationships with family and peers
- ... Mental health and appropriate coping devices
- ... The body systems and how they interrelate
- ... Disease prevention, control and health assessment
- ... Effects of drugs, alcohol, and tobacco,
-Identifying steps for resisting negative peer pressure and sex as well as drug use
- ... Safety and first aid
- ... Setting goals and following through
- ... Providing service to others
- ... Community and consumer health

Assessments:

1. The student may take vocabulary quizzes/tests on a weekly basis.
2. The student will take at least three examinations during each six-weeks periods
3. The exam will consist of multiple-choice questions, true and false, matching and essays.
4. Other forms of assessment will be given such as projects and will be assigned with plenty of notice and participation is expected during classroom activities.

Importance of Health Class:

Students are to understand that Health is a required class, not an elective. This class may not be offered during summer school.

Secondary Grading Procedures:

1. Major assessments are sixty percent (60%) of the grade. This must include a minimum of three major assessments per six weeks. Examples of major assessments include, but are not restricted to: reports, research papers, tests, and projects. Projects and/or subjective assignments will contain a rubric with clearly defined criteria.
2. Minor assessments are forty percent (40%) of the grade. These must include a minimum of five minor assessments per six weeks. Quizzes, assignments, homework, and notebooks may be considered daily assessments.

VIRTUAL LEARNING

Procedures

- 1. Students are to be respectful to the teacher, to others and to themselves.**
- 2. Students will be prepared with materials for class.**
- 3. Students are to follow dress code according to student handbook.**
- 4. Students should turn in assignments in a timely manner.**
- 5. Students should communicate with the teacher with any concerns.**

FACE TO FACE INSTRUCTION

Procedures

- 1. Instructional time is valuable. Students are here to learn: They will not keep the teacher from teaching. They will not keep anyone from learning.**
- 2. Students are to be respectful to the teacher, to others and to themselves.**
- 3. Students will be on time to class.**
- 4. Students will be prepared by coming to class with required supplies.**
- 4. Student will raise his/ her hand to speak and will give attention to anyone who is speaking.**
- 5. Students are to follow dress code according to student handbook.**
- 6. Electronic devices are not allowed and are prohibited from being used during class.**

Discipline Plan:

- 1. 1st Offense: Warning-Redirect; Document on Review 360**
- 2. 2nd Offense: Teacher/Student Conference; Parent Notification; Document on Review 360**
- 3. 3rd Offense: Team ITS/Counselor Referral; Document on Review 360**
- 4. 4th Offense: Team/Parent Conference; Document on Review 360**
- 5. 5th Offense: Office Referral; Document on Review 360**

Tardy Policy:

**Tardy #1 through Tardy #4 - Parents will be contacted and tardy documented.
Tardy #5 – Office Referral.**

Required Materials:

- 1. Spiral Notebook**
- 2. Composition Book**
- 3. Pencils, Pens**
- 4. Eraser**
- 5. Colored pencils**
- 6. Markers**
- 7. Ruler**
- 8. Scissors**